

FREIRE

<https://www.youtube.com/watch?v=aFWjnkFypFA&t=27s>

<https://www.youtube.com/watch?v=U4jPZe-cZgc&t=23s>

<https://www.youtube.com/watch?v=2Ll6M0cXV54&t=3s>

MEZIROW

<https://www.youtube.com/watch?v=8w5JRK9kqkg>

<https://www.youtube.com/watch?v=409Gu9M2Jsk>

<https://www.youtube.com/watch?v=iEuctPHsre4>

https://www.youtube.com/watch?v=vHn9rE_8M_Q

JARVIS

<https://www.youtube.com/watch?v=npl3sTYRRSg&t=11s>

BROOKFIELD

<https://www.youtube.com/watch?v=Y8umk4w8kB8>