

Math preliminaries

<https://youtu.be/cQKG9QMhHoA>

Statics, Dynamics, Neuromusculoskeletal modeling

<https://youtu.be/7d30fxADNWQ>

Inverse Simulation

<https://youtu.be/X2NfAPYcsvU>

Forward Simulation

https://youtu.be/ja2dwx6H_0o